



NEW HAMPTON 2017

RESOURCE BOOKLET

ASSISTANCE PROGRAMS IN CHICKASAW COUNTY AREA

AREAS OF ASSISTANCE

Adult Services

- Cedar Valley Friends of the Family
- Department of Human Services
- Hope House
- Migrant and Minority Advocacy

Cash Assistance

- Chickasaw County Relief
- Northeast Iowa Community Action Corporation (NEICAC)
- Salvation Army

Counseling & Mental Health Services

For counseling resources to meet your specific concerns, please contact care@prairielakeschurch.org.

- Catholic Charities
- Cedar Valley Mental Health Center
- County Social Services
- Counseling & Family Centered Services
- Families First Counseling Services
- Francis Lauer Youth Services
- Mental Health America

Disability Assistance

- Children At Home Program
- Community Care Inc.
- Comprehensive Systems
- County Social Services
- Iowa Vocational Rehabilitation Services (IVRS)
- North Star Community Services

Elderly Services

- Chickasaw County Public Health Nursing Services
- Meals on Wheels
- Senior Citizen's Center

This Resource Guide was compiled by the Care Ministry at Prairie Lakes Church as a helpful resource for those seeking assistance for their individual needs. It offers easy access to a listing of agencies, their area of assistance and contact information.

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- Chickasaw County Relief
- Connecting Families
- Court Appointed Special Advocate Program (CASA)
- Early Access (0-36 months)
- Families First Counseling Services
- Families Together
- Family Development and Self-Sufficiency Program (FADSS)
- Family Investment Program
- Francis Lauer Youth Services
- Head Start
- Iowa KidsNet
- Our Kids Count
- Star Mentoring Program
- Women, Infants and Children (WIC) Supplemental Food Program

Financial

- Free Financial Counseling
- North Iowa Community Action Organization (NICA)

Food Assistance

- Chickasaw County Food Pantry
- Chickasaw County Relief
- Meals on Wheels
- Salvation Army
- Share Iowa Program
- Women, Infants and Children (WIC) Supplemental Food Program

Health Care Services

- Allen Women's Health
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- Family Planning Services
- Immunization Clinic
- Maternal and Child Health Program
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Housing Assistance

- Iowa Rental Help/Homeless Prevention and Rapid Re-Housing (HPRP)
- Northeast Iowa Community Action Corporation (NEICAC)
- Salvation Army
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- Iowa Vocational Rehabilitation Services (IVRS)
- Iowa Works
- Promise Jobs

Rehabilitation Services

- Covenant Horizons
- Hope House
- Mental Health America
- Pathways Behavioral Services
- Prairie Ridge Addiction Treatment Services

AGENCY SUMMARIES

Allen Women's Health

233 Vold Dr
Waterloo, IA
319.235.5090

allenwomenshealth.org

Provides family planning including birth control and prenatal care, gynecological services, education and many other services.

Caring Pregnancy Center

830 15th St SW
Mason City, IA
641.424.2237

cpcmasoncity.org

A Christ-centered response to the needs of women confronted with crisis pregnancies. Services include pregnancy testing, abstinence education, post-abortion counseling, clothing, diapers and information about options and ongoing friendships throughout pregnancy.

Catholic Charities

641.424.9683

catholiccharitiesdubuque.org

Services include mental health counseling for individuals, families and couples, adoption services, pregnancy counseling, refugee resettlement, post-abortion counseling and disaster relief.

Cedar Valley Friends of the Family

P.O. Box 784

Waverly, IA

800.410.7233 (24-hour crisis hotline) / 319.352.0037

cvfriendsofthefamily.org

Provides free confidential services for persons affected by domestic violence and sexual assault. Some of the services include a 24-hour crisis line, emergency shelter and transportation, crisis counseling, medical advocacy, legal advocacy, support groups and transitional housing.

Cedar Valley Mental Health Center

111 10th St
Waverly, IA
319.352.2064

Provides services to all ages including individual, family and group counseling as well as psychiatric counseling.

Chickasaw County Food Pantry

417 N Sherman Rd
New Hampton, IA
641.394.5454

The food pantry provides food at no cost to individuals who qualify on Fridays 9 a.m.-noon.

Chickasaw County Public Health Nursing Service

260 E Prospect St
New Hampton, IA
chickasawcoica.org/nursing

Provides a variety of nursing services to citizens living in Chickasaw County. Chickasaw Public Health believes that each client, family and the community have the right to high-quality, safe and efficient home health care provided by competent nursing professionals within the constraints of available resources.

Chickasaw County Relief

24 N Chestnut
New Hampton, IA
641.394.3426

Provides financial assistance to those in immediate need with restrictions. Assistance may include rent, food, clothing, utilities, medical care and referrals to other assistance programs.

Children At Home Program

1206 S Main St
Charles City, IA
641.2285713

A program dedicated to assisting families with support and services they need, including adapted clothing and equipment, counseling, home modification, parent education, recreation, respite and child care, special foods, transportation and emergency services.

Community Care Inc.

2275 S Linn Ave
New Hampton, IA
641.394.2391

Provides high quality services to persons with disabilities to support choice, growth, communication and community participation. Services include residential treatment, supported community living and home and community-based care for individuals with intellectual disability and illness.

Comprehensive Systems

1700 Clark St
Charles City, IA
641.228.4842

An accredited, community-based, private, non-profit Iowa corporation providing residential and employment services to individuals with special needs. Services include residential, vocational and volunteer experiences.

Connecting Families

New Hampton Community Center
112 E Spring St
New Hampton, IA
641.228.5713

A parent and child interaction group offered in the community for the parents of children ages 0-10. The group is held on the second Monday of the month 5:30-7 p.m. A meal is provided at each meeting at no cost to participants.

Counseling & Family Centered Services

951 N Linn Ave, Suite 3
New Hampton, IA
641.394.2505

A mental health agency within the community that serves a large part of northeast Iowa. Services include evaluations, therapy, conflict resolution, play therapy, Behavioral Health Intervention Services (BHIS) for children (including crisis) and Children's Mental Health Wavier (CMHW).

County Social Services

24 N Chestnut
New Hampton, IA
641.394.3426 (Chickasaw County)
641.257.6363 (Floyd County)
641.832.2615 x30 (Mitchell County)

Provides financial support for mental health and disability services programs to individuals in North Central and Northeastern Iowa.

Court Appointed Special Advocate Program (CASA)

childadvocacy.iowa.gov
866.451.3217

CASA commissions trained community volunteers to serve as an effective voice in court for abused and neglected children, strengthening efforts to ensure that each child is living in a safe, permanent and nurturing home.

Covenant Horizons

2101 Kimball Ave, Suite 200
Waterloo, IA
319.272.2873

A family-centered recovery program for drug, alcohol and substance abusers and their families. A wide variety of trained professionals work together to facilitate the treatment program and coordinated approach that addresses the physical, emotional and spiritual toll taken by drug, alcohol and substance abuse.

Department of Human Services

1206 S Min St
Charles City, IA
641.228.5713

Early Access (0-36 months)

3706 Cedar Heights Dr
Cedar Falls, IA 50613
800.542.8375

Early Access is a partnership for families and children ages 0-3 to provide a working relationship between staff and parents to help identify, coordinate and recognize necessary services for children to grow and develop. The family and providers work together to identify and address specific family concerns and priorities as they relate to the child's overall growth and development.

Families First Counseling Services

111 Plaza Circle
Waterloo, IA 50701
319.433.0395
families-first.net

A family-centered service provider in north central Iowa. Services include individual services, family counseling, crisis intervention and psychological testing.

Families Together

705 3rd Ave
Charles City, IA
641.228.8030

An in-home visitation program dedicated to strengthening and preserving the family. Families Together staff can help with skill development to help cope with family demands, referrals to community resources, creative ways to interact with your child, guidance and support, and other services that are useful to area families. This is a voluntary and free service.

Family Development and Self-Sufficiency Program (FADSS)

204 2nd St E
Cresco, IA
563.419.8243 (Chickasaw County)
1190 Briarstone Drive
Mason City, IA
800.873.1899 (Floyd and Mitchell Counties)

A voluntary support program for families who are enrolled in FIP (Family Investment Program) and who are working with Promise Jobs. Some of the programs include home visits, family goal planning, family advocacy and special needs.

Family Investment Program

800.532.1275
Provides cash assistance to needy families as they become self-supporting so that children may be cared for in their own homes or in the homes of relatives.

Family Planning Services

305 Montgomery St
Decorah, IA
563.382.8436 (Chickasaw County)
100 1st St NW
Mason City, IA
800.657.5856 (Floyd and Mitchell Counties)

Services include birth control counseling and exams, pregnancy testing and counseling, pap smears, sexually transmitted disease treatment and genetic counseling referrals.

Francis Lauer Youth Services

50 N Eisenhower Ave
Mason City, IA 50401
641.423.7362
francislauer.com

Assists children, families and individuals with a variety of needs including individual, family and group counseling, emergency services/shelter, outreach service and transitional services.

Free Financial Counseling

641.512.0650

For more information, contact an ISU Extension Family Resource Management Program Specialist.

Head Start

201 N Locust

New Hampton, IA

641.394.4512

Aims to provide comprehensive early childhood education, health, nutrition and parent involvement services to low-income children and their families.

Heritage Residence/Prairie View Management Inc.

New Hampton, IA

641.394.2391

Provides high quality services to persons with disabilities to support choice, growth, communication and community participation. Services include residential treatment, supported community living and home- and community-based care for individuals with intellectual disability and illness.

Hope House

805 Wisconsin St

Charles City, IA

Hope House provides services based on AA principles. Meetings include Alcoholics Anonymous, Narcotics Anonymous, Co-dependency support group, and Emotions Anonymous.

Immunization Clinic

Chickasaw County Public Health

260 E Prospect St

New Hampton, IA

641.394.4053

The clinics provide necessary immunizations at a low cost. Please bring previous immunization records to clinics.

Iowa KidsNet

800.243.0756

iowakidsnet.com

A statewide partnership of six Iowa agencies dedicated to the safety and permanency of children and families through foster care, adoption and reunification with birth families. Iowa KidsNet offers free support services to foster and adoptive families.

Iowa Rental Help/Homeless Prevention and Rapid Re-Housing (HPRP)

305 Montgomery St

Decorah, IA

641.394.2007 (Chickasaw County)

641.424.4155/866.599.3155 (Floyd and Mitchell Counties)

Provides temporary financial assistance and other services to either prevent households from becoming homeless or to help those experiencing homelessness to be re-housed and stabilized. HPRP is focused on housing for the homeless and households at risk of homelessness. Not everyone qualifies for assistance, and household must meet income guidelines and other program requirements in order to qualify for temporary assistance. Home visits are required.

Iowa Vocational Rehabilitation Services (IVRF)

600 S Pierce Ave

Mason City, IA

641.422.1551

IVRS provides counseling and guidance, training and job placement assistance for persons identified as having a diagnosed disability.

Iowa Works

600 S Pierce Ave
Mason City, IA
641.422.1524

The Workforce Development Center staff will direct you to computer software, publications and Internet sites that can help you research careers, schools and communities and obtain information regarding current workforce trends. Services include job information, resume service, typing tutorial, job placement assistance and unemployment insurance.

Maternal and Child Health Program

1010 S Grand, Suite 1
Charles City, IA
800.657.5856

Program includes a variety of services focused on promoting healthy children, healthy families, and healthy communities by promoting early prenatal care that will continue throughout pregnancy and through childhood, focusing on any special needs identified.

Meals on Wheels

641.228.6830

Noon meals are available Monday through Friday for elderly or homebound individuals. The meals are prepared by Floyd County Medical Center and delivered by local volunteers.

Medicaid/Title XIX

1206 S Main St
Charles City, IA
641.228.5713

Medicaid is a program that pays for covered medical and health care costs of people who qualify. A wide range of medical and health care services are available.

Mental Health America

800.969.6642
mentalhealthamerica.net

Programs help prevent mental and substance use conditions and achieve victory over mental illnesses and addictions through advocacy, education, research and services.

Migrant and Minority Advocacy

800.532.1275
iowalegalaid.org

Iowa Legal Aid is a non-profit organization providing critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn. Along with volunteer lawyers throughout the state, Iowa Legal Aid helps the legal system work for those who cannot afford help with legal issues.

Northeast Iowa Community Action Corporation (NEICAC)

910 E Main St
New Hampton, IA
641.394.2007

NEICAC provides LIHEAP (Low Income Home Energy Assistance Program) which offers assistance with heating bills during the winter months, emergency fuel deliveries and assistance with repairs or replacement of furnaces.

North Star Community Services

951 N Linn, Suite 8
New Hampton, IA
641.394.4535 (Chickasaw County)
641.228.2837 (Floyd County)

Provides Supported Community Living (SCL) that addresses the desires, goals, strengths, abilities, needs, health, safety and life span issues of persons living in their own homes or apartments.

Our Kids Count

Trinity Methodist Church
601 Milwaukee St
Charles City, IA
641.228.5713

A parent education group offered in the community for parents of children ages 0-10. The group is held on the second and fourth Tuesday of the month. Free meal and child care provided.

Pathways Behavioral Services

602 Washington Ave
Fredericksburg, IA
563.237.5300

Provides substance abuse treatment programs including inpatient and outpatient, support groups, weekly meetings, substance abuse evaluations and other treatment programs.

Prairie Ridge Addiction Treatment Services

703 N Main St, Suite 1
Charles City, IA
641.228.1477

A private, non-profit corporation offering substance abuse prevention and treatment services in North Central Iowa, as well as providing residential care to a statewide population.

Promise Jobs

600 S Pierce Ave
Mason City, IA
800.392.2230 / 641.422.1524

Provides work and training services for people in families qualified for Family Investment Program. Services include assessment for job readiness, basic education, post-secondary education, parenting classes, life-skills training, mentoring and family development. The program also pays child care expenses for people involved in these activities and transportation for participants in activities other than paid work.

Public Health/Home Health Care

260 E Prospect St
New Hampton, IA
641.394.4053

Home Health Care services are dedicated to enabling people to be self-supporting and self-sufficient, the stabilization of families, preventing inappropriate institutionalizing and protecting vulnerable children and adults. Home Health Care provides a range of services including assistance with daily needs, household duties, meals, money management and skilled nursing.

Salvation Army

200 S Main St
Charles City, IA
641.228.3397

Provides emergency financial assistance (up to \$40), emergency shelter and food and nutrition programs.

Senior Citizen's Center

900 Hulin St
Charles City, IA
641.228.3114

Provides a number of resources and activities for senior citizens, including blood pressure clinics, fitness classes, income tax counseling, congregate meals, holiday gatherings and a number of other programs.

Share Iowa Program

New Hampton Community Center
112 E Spring St
New Hampton, IA
641.394.5906
shareiowa.com

Share Iowa Program provides quality food packages at a reduced cost for those who join and volunteer their time. By volunteering at least two hours a month, you are eligible to purchase food packages provided. Food stamps are accepted. Orders need to be pre-purchased. Call or go online for delivery dates and times.

Social Concerns Council

1571 Pembroke Ave
New Hampton, IA
641.394.2604
Provides rent assistance.

Star Mentoring Program

260 E Prospect St
New Hampton, IA
641.394.4053
Community-based mentoring program serving the New Hampton, Fredericksburg, Nashua school districts.

Women, Infants and Children (WIC)

Supplemental Food Program

800.532.1579

ldph.state.ia.us/wic/families.asp

The WIC Program strives to improve nutritional status of low income pregnant women and children less than five years old. The program provides nutritional education and vouchers for milk, cheese, peanut butter, eggs, cereal, beans, juice and infant formula. The program also assists mothers who are breast feeding by providing manual breast pumps and loaning electric breast pumps.

INTERESTED IN LEARNING MORE ABOUT PRAIRIE LAKES CHURCH?

Attend a Service

Chickasaw Event Center
301 North Water
New Hampton, IA 50659

Service Time:

Sundays @ 10 a.m.

Call our Office

641.426.3003



prairielakeschurch.org